



Villa Waru

Activities Guide by Owner

April 2010

Dear Guest,

Here are our favorite activities from our visits to Bali since 1992. Please verify details for bookings, which can be assisted by our Villa Supervisor. We welcome updates to keep this guide current. Thank you.

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BABY-SITTING SERVICE

Villa Waru staff can help take care of children, but limited English. For Life Guard see Swim Camp next page.

Bali Krisna Service. Provides English and Indonesian temporary, live-in or live-out. Tel 744 6932 (9 am – 5 pm)

Hotel Padma at Sanur. The concierge at Hotel Padma can co-ordinate sitter.

CAR & DRIVER

We recommend highly Made Kusumajaya (pronounced “Mah-DAY”) who can help make your stay special. Made drives a Toyota “range rover” Kijiang van that is equipped with lap seat belts for 7 passengers and a/c.

Over the past 7 years, Made has never let down guests with his personal service. He is responsible, trustworthy, considerate, drives carefully, and speaks very good English. He can assist with grocery shopping, picking up purchased goods, or other errands. He is familiar with all the tourist and shopping locations mentioned below.

Made has built up his business from scratch. Thank you for supporting his work. His competitive rates are:

*Recommend for children and family.

Bali telephone code + 62 361

Info for reference only. Please verify upon booking. Brochures at villa. Directory Service tel 1081.

9-hour day (9 am to 6 pm) Rp 350,000 per day
 4-hour day Rp 250,000 per day
 Airport pick-up or drop-off Rp 100,000 per trip
 Extended days Rp 50,000 per trip

Made's contact is +62 812 391 9879 (in Bali 0812 391 9879) – phone call or SMS.

ACTIVITIES & SPORTS

* **Jenggala Keramik** (15 minutes away near Jimbaran Bay). Children can do painting of ceramic wares and pick-up after they glaze it 3 days later. Also a great clay to pottery course – need 10 days. Adults can admire (and purchase) beautiful ceramic items. There is also a good café. They're open 9 am to 5 pm. Tel 703311

* **Waterbom Park** (20 minutes away in Kuta). Fabulous water theme park not be missed. Great fun for the kids and adults (eg Mandara Spa). Tel 755 676. www.waterbom.com

* **Bird Park / Reptile Park** (1 hour away). Very cool komodo dragon petting zoo. Good restaurant.

* **Bali Treetop Adventure Park** (1.45 hour away)
 Newest attraction in Bali and well worth a visit to Bedugal. 5 rope circuits from tree to tree. (Youngest age 4). French owner. Quality imported equipment. Tel 081 338 306898. www.balitreetop.com For the adventurer with no vertigo. Suggest to arrange for day trip where you go home via Tanah lot for sunset (and lots of tourists) or horseback riding on the beach.

* **Fish in Villa Waru ponds**. Perfect for children to fish the white and black 'gorami's and catch tadpoles. Throw them away as they are 'pests' anyway. Please do not catch the small red fishes (they eat mosquito larva), colorful carps or Japanese Koi's.

* **Balinese Dance Performance**. Go to see at Bumbu Bali restaurant (see Restaurant section above) for twice a week performance. Or for what is considered one of the best performance go see Tirta Sara dance troupe at Balerung Stage, Peliatan, every Friday, 7:30 pm. (1 hour drive away). Call to confirm performance schedule. Tel 970503, 972124. OR Bali Dance Festival which is only 15 minute drive away.

* **Surfing**. Lessons at School of Surf in Kuta (\$35 each for half-day, surcharge for credit cards). Lunch at Benny's Café in Kuta (Nasi Goreng). Call 0811 387 752 for good surf times. OR Bali Surf School at Ocean Blue Hotel. US\$ 25 for children under 13, 1.5 hours. Tel 735 838.

* **Swim Camp at villa**. Private lessons at villa pool with excellent Australian coaches. US\$ 10 per student per one-hour session. Minimum US\$25 for each villa per visit.

* **Swim Coach Mark Moody** bali aquatic@telkom.net +62 361 727830, +62 812 3932478
 Fabulous with young children and non-swimmers, goes in water with them. Great with older kids who swim, teaches them pool rescue skills, strok improvement, etc.. Provides certificates based on Australia swim system.

Fees for provision of Aquatic Classes / Activities at Villa Waru - Nusa Dua (valid to 1/1/11)

| | |
|----------------------------------------------------------------------------|-------------------------------|
| For Toddler age1 - 3 yrs (1:1 20-25 minute): | US\$25 per child |
| For Young Children 3 – 5 yrs (1:1 30 minute): | US\$25 per child |
| For Older Children (40-45 minute; min 3 max 5 children): US\$12 per child. | |
| For Older Children (60 minute; min 3 max 5 children): US\$15 per child. | |
| Adult Sessions on request: | Fitness / Technique / Skills. |

| | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| <u>Minimum Fee:</u> | Rp 350,000 (US\$25) for <u>one</u> 30-minute lesson |
| <u>Instructor Travel per booking:</u> | Rp 125,000 (Rp 175,000) Low (High) Season |
| <u>Cancellation Fee:</u> If not advised 24 hours in advance of lesson booking, normal class fee charged. Waived, if agreed to by both parties prior to instructor travel. | |

* Life guard Mustain or Kadek. Book through us. Professional life guard who can patrol the pools. Rp 100,000/hour.

* Bali Renang for private swimming lessons. Daily booking fee of 50,000Rp which is an administration cost plus Rp 100,000 per hour per child with the first session payable after the session and subsequent sessions booked and paid in advance. If lessons are cancelled with at least 24hrs notice the 100,000Rp lesson fee can be refunded but the Rp 50,000 booking fee is forfeited. Vicki Spencer, Coordinator, bali_renang@yahoo.com

Gym. (5 minutes away). The gym at Hilton Hotel is about US\$ 5.00 per visit per person.

* **Horse-back Riding.** (30 minutes away.) Umalas Stables. Beautiful stable maintained by Australian owner in Kerobokan. 25+ horses and various tours. Recommend 2-hour beach tour (US\$ 50). Best to wear long pants and shoes with heels. Tel 731 402 / Fax 731 403. OR Bali Horse Riding. tel 772 859. www.ayungriver.com

* **White water rafting (1 hour away)** down beautiful Ayung River. 8.5 km to 9.5 km. Will take ½ day, can combine with elephant ride to make a full day outing. Bali Adventure Tours tel 721 480. www.baliadventuretours.com. Sobek tel 287 059. www.sobekbali.com Another FASTER, WILDER river is Telaga Waja River in Eastern Bali. 12 km. Sobek,. Bali International Rafting. Tel 772 859; 721 480 www.welcome.to/balirafting. Bali Action Adventure. tel 759 652.

Tennis. Tennis rackets available in the storeroom under the stairs. Hilton Hotel with covered courts, reasonable guest rates, including a hitter and ball boy. Jordan, a good coach, at the covered tennis courts of Nikko Hotel (10 minutes away) Rp 30,000 / hour court time. His rate is Rp 120,000 / hour. Hp 0812 385 5575, 0812 387 7566. Another coach is Wayan if you want to play on grass courts. Tel. 0818 347387.

Bowling. Paradiso Bowling Alley, Kuta Square.

Cooking. Watch and learn to cook with our fabulous cook Wayan. She's even happy to bring you to the market. Or join charismatic Heinz for his famous cooking class. www.balifoods.com. See more about him below at Restaurant Bumbu Bali.

Fishing. One can charter private boats to go out deep fishing or coral fishing. IUS\$ 100 / person on private boat.

Offshore Catamaran Sailing. (20-minutes to Bena Harbour)

New fast catamaran. Skipper Ron, French crew. www.Xsail-Bali.com info@xsails-bali.com
Or Captain Don Bennet. Tel 723601. info@woggbali.com. www.moggybali.com

Golf. Closest (7 minutes away) is www.BaliGolfandCountryClub.com. Voted "One of Asia's 5 Best Golf Courses" (Fortune Magazine - U.S.A.). An 18-hole course set amidst tropical palms and coconut groves. There are two other world class ones (30 – 50 minutes drive): Nirwana Bali Golf Club (www.nirwanabaligolf.com). An 18-hole championship course designed Greg Norman. Multiple tees up to 6,775 yards - Par 72. and Bali Handara Kosaido Golf Country Club (www.balihandarakosaido.com). Newest golf course with 18 holes just opened in 2007 November. Next to Dreamland beach a great surfing beach. 30 minutes away from Villa Waru. Inquire golf resort for rates. (www.golflink-resorts.com/products.htm). Look at www.99bali.com/golf for packages.

*Recommend for children and family.

Bali telephone code + 62 361

Info might change. Best to verify with Directory Service tel 1081 or internet.

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Para-gliding. (25 minutes away.) Tandem or solo launch off cliff. Instructor I Ketut Manda, Safety Officer, Timbis Club, mobile 0812-391-6918, e-mail ketuttimbis@hotmail.com, \$210 for two-day class. Tandem flight (25 minutes) US\$ 65. Near Bali Cliff Hotel. Usual times best due to wind condition is in the afternoon.

Rock climbing. (25 minutes away.) Rock climbing wall in Kuta Galleria near Ace Hardware store. Can rent gear and have instructor. Can arrange for climbs on natural mountains, such as near Mt. Batur.

Yoga. Aya (Japanese lady in Bali) is an excellent teacher who will provide private yoga lessons at the villa for one or more people. A morning session at the villa's Dining Bale is a perfect way to start the day! Fees are approximately Rp 500,000 for a 75-minute session, plus Rp100,000 transportation. Tel 08174781897 or 736 589. Joanna is an excellent teacher, especially with kids. joannacutri@hotmail.com Tel 081 79773635. Also good is Susan susanrose1008@yahoo.com at 0813 38073566 (I really like Susan. You can also hear about her transition from a frantic life in media before becoming a Yoga person. Her fee is Rp 750,000 for 75-minute class.) or Kate 0818 05595316. If you're interested in Iyengar Yoga, here are two fabulous teachers who offer group classes in their studios or private sessions at the villa: Olop 733 403, 0812 3811503 olopbali@yahoo.com. Patricia, Yogashala, 735 202, 081338 311 066, patricia@dps.centrin.net.id Local instructor Alit, who leads morning sessions at the Conrad, can teach Yoga Tai Chi. Rp 170,000 private session. 081337737567. Check out more Yoga classes at <http://baliwall.com/bali-yoga.htm>

Pilates. Robyn Schonell is an excellent teacher who will provide private yoga lessons at the villa for one or more people. She will bring balls and cords to help you focus on those core muscles. What a way to start the day! Rp 450,000 for a 75-minute session. Tel 081 338 585 261.

Batik making. Nirvana Batik, Jl. Gautama 10, Ubud. Tel 975 415. Normally 10 am – 2 pm every other day. Call for appointment. US\$ 35 per person.

Silver jewellery making. Studio Perak. Ubud. 2 hour session.

Painting and mixed media workshops for adults and children. Up to 8 people. US\$75 per hour. Recommend 4 hours. <http://www.goddesssilks.com> spiralarts@hotmail.com Ariel Renee. Tel 0816 470 1760

BEACHES & RESORTS

There are limited lifeguard service on most beaches in Bali. Other than Nusa Dua beaches which are shielded by breakwaters, currents on Bali beaches may be strong and unpredictable.

* **Geiger Beach** (10 minutes away) one of the best beaches in Nusa Dua (just beyond the Hilton hotel and before the Nikko Hotel). Watch out for topless bathers. Good local cafe "Nusa Dua Beach Grill". Tel 771 529

Amanusa Beach Club (8 minutes away) offers a beautiful beach area with bales decked with full amenities. If empty, they might accommodate non-hotel guests.

Nusa Dua Public Beach (10 minutes away). A wide beach and place to see locals also enjoying themselves. There is a blowhole on top of the grassy and gazebo dotted peninsula tip. Worth the walk or bike ride!

* **Jimbaran Beach** (15 minutes away) is great for a dip or body surf, doesn't have any real hawkers, but can be crowded at Sunset

Dreamland Beach (25 minutes away) is a great escape past the Jimbaran Bay. It is known for good surf. If you're careful where you swim it's OK. Be careful when swell is up as waves crash and avoid large stones just beneath the water surface. It has some little Warungs, etc for a nice picnic on the beach. Or drive up to the nearby quaint hotel that has good food and pool.

Nyang Nyang (40 minutes away in Ulu Watu) is tremendously romantic and is great for a picnic day out (undisturbed). Be prepared to traverse about 200 steps to the bottom and back up.

* **Sanur Beach** (30 minutes away). Pebble beach with calm waters. A good grass area is by the Sanur Beach Hotel beach activities hut.

Kuta Beach (30 minutes away). Very touristy with lots of hawkers. Dangerous for swimming. Great surf.

Conrad Hotel (10 minutes away). Luxury contemporary hotel with a modern Balinese feel. Great base to do water sports. Tel 778 788.

Nusa Dua Beach Hotel (10 minutes away). We generally go to Nusa Dua Beach Hotel, have a meal (Rupiah priced menu so quite reasonable) and enjoy the beach and pools. Tel 771 210.

Ritz Carlton (20 minutes away). Good swimming pool with fun slide. Try cliff-side bar to see the sun set – sip a Gin and tonic down at the cliff – make sure you are there before 6 pm when the sun sets. Tel 702 222.

Grand Hyatt (10 minutes away). Good swimming pool for kids. Big hotel, pricey food. Strict on outside guests to swim. Tel 771 234.

Intercontinental (10 minutes away). Swimming pools for kids. Good pizza and beach. Tel 701 888.

BEAUTY & SPA

In villa service

Manari Spa provides high quality spa services in your room or by the pool or pond....Massage, body wrap, facial, reflexology. Natural products. Reasonable prices. Owner Jean Marie (ex-Club Med and Grand Hyatt) has meticulously trained up a good team. 9 am to 9 pm. Tel 730 828. espace_bali@yahoo.com <http://www.manorispabali.com> Requires one-day notice.

Yani. She's very good with a rejuvenating and relaxing massage routine. Need to book several days in advance. Her sessions are from 3 pm to 11 pm. Rate is Rp 350,000 per 2-hour massage. Tel 0812 364 4926.

Komang Rini. Relaxing massage. Can also offer Lulua scrubs. Rp 80,000 per hour. Tel 081 916519791

Gede Kartaya. Reflexology. Worked at the Hilton Spa. Rp 100,000 per 75 min.. Tel 081 338657269.

Outside villa service

Taman Sari. 2 minute walk away right outside of our residential community gate. Massage, facial, extensive spa menu. Tel 771 720. Ask for 40% discount.

* Cozy. (20 minutes away). Quiet, reasonably priced foot and shoulder massage place. With comfortable chair, own headphones for music, and view of an aquarium. Jl. Sunset Blok A No. 3. Tel 766 762. My kids love this place!

Martha Tillaar. (2 minutes away). Facial, hair cutting and styling, spa. Tel 777 661.

Nusa Dua Beach Hotel Spa (5 minutes away). Comprehensive spa packages and excellent gym/spa facilities. Tel 771 210.

Thalasso Water Spa (15 minutes away). Known for incredible spa packages. Tel 702 222.

Nadja's Studio. (15 minutes away). Local – a bit run down -- salon with fabulous crème bath, a 1 ½ hour hair wash and head / shoulder massage. For only Rp 40,000, a deal too good to miss. Jl. Raya Kuta. No. 96, Tuban. Tel 755 727. (Of course, you can also get this truly Indonesian treatment at the much more luxurious spas mentioned above.)

Jari Menari "dancing fingers". (20 minutes away) California trained Esalen massage strokes. Jl Raya Basangkasa 47, Seminyak. Tel 736 740.

Miracle Beauty Clinic. (20 minutes away) Deep cleansing Oxygen facial with Canadian Oxygen products. Good value and comfortable, new setting. Approx US\$ 25 per hour. Several guests have mentioned Botox is professional and very good value! Kuta Galeria. Tel 769020.

SHOPPING

ATMs. Everywhere. Closest to Villa Waru is down the hill, 2 minutes away by car. You might wish to check denomination of dispensed notes so that you don't get too big a wad.

Please note that money exchangers and shops do not accept US dollar currency that are 1996 or with serial numbers that precede with "CB". Reason is due to many counterfeits.

Money changer

PT. Central Kuta (5 minutes away). This company has several branches located in Nusa Dua and Kuta area. Highly recommend for their fair rates, currency counting machines and relaxed/safe money changing areas. Jl. Raya Kuta 168. Tel 762 970. **NOTE that US\$ 100 bills of 1996 are NOT accepted due to many counterfeits. Also Travellers' Cheque exchange rates are lower.**

Bali Collections Nusa Dua (10 minutes away). Offers medium to expensive Luxury Brand clothes and souvenirs.

Matahari Galleria around Lippo Bank round-about (20 minutes away). A good mall with DFS, Matahari, etc.

Periplus Book Store is the best around. Kidz Station -- a kid's toy shop.

Souvenir Shops.

Entrance area to Nusa Dua and many more in Kuta.

Children's clothes Many along Jl Legian towards Seminak.

Kids Agogo. Excellent designs, top quality cotton, and durable. Tel 778 405.

Kid's Campur. Legian Tengah 433. Tel 735 191.

Do Re Mi Kids. 725 127.

Sedaco.

Ladies' clothes.

Biasa. Jl. Raya Seminak 36, Kuta. Tel 730 308, 730 945.

Puravida. Jl Legian 38. Inexpensive fun clothes. Tel 766 627.

Kusuma Ikebana. Great shirts for men. Jl. Pantai Kuta 9E. Tel 752 955.

Ladzie Shoe Maker Totok. Shop by Nusa Dua. Excellent hand-made leather shoes to order. Tel 794 0565 Hp. 081 337 363 633

Art galleries. Lots of shops in Ubud. Excellent quality and designs.

Rahmat Agung. Artist Gede Raka. You see his two ladies on our 2/f open-living area and his flower lady in the TV Room. Sangggingan, Ubud. Tel. 977 562.

I Made Suamga. His two green nature oil paintings are in our Living Room in the Main House. Br. Lungsiakan, Kedewatan. Tel 081 5571 9609

*Recommend for children and family.

Bali telephone code + 62 361

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I Wayan Gabrig. His Balinese oils are in the Golden Suite outdoor bath and in the Purple Suite.
Sunari Art Gallery, Jl. Raya Sanngingan, Br. Lungsiakan, Kedewatan. Tel 081 734 2002.
Sunaria Art Gallery Batik Painting. I Made Suardana. Reasonable prices and can design your own batik cloth. Br. Lungsiakan, Kedewatan. Tel 977 272.

Jewellery

Monika Glass Jewellery. (30 minutes away). Unique affordable glass and silver jewellery items. Visit Monika at her workshop shapeshifterdesigns@yahoo.com. www.shapeshifterdesigns.com

Nugra's Art & Gallery. (10 minutes away). Jl. Pratama No. 87, Nusa Dua. Tel 778 188. Open 10 am to 10 pm. Reasonably priced and good design pieces (designer is Balinese who lives in Ubud).

Grammes. Unique and affordable jewellery pieces. Jl Raya Basangkasa, Blok 75B, Seminyak. Ask for designer owner Teguh. Mention my name. Tel 731 562. www.grammesbali.com

Furniture and interior accessories

Bali Purimas Agung. (10 minutes away). Tel 775 559. Open 9 am to 5 pm. They are a little bit more expensive than the other shops along the bypass but he is careful about choosing the wood and quality workmanship. All our wood furniture around the pool is from him. We also have many guests who've ordered from them. www.balipurimasagung.com

Tatakayu. (20 minutes away). Peter has excellent designs. Friends and I have commissioned a number of furniture pieces that are excellent in quality and price. (See TV cabinet in Villa Waru's Gecko Suite.)
Tel 735 072 hp 0812 380 4978 tatakayu@telkom.net

Usmany Indah Gallery. (20 minutes away) The shop-front of an excellent outdoor furniture manufacturer who exports to Europe and America. Jl. By Pass Ngurah Rai 999XX (diagonally across from Tarita Gallery towards Sanur). Tel 725697

Tarita Gallery. (20 minutes away). A tasteful shop with a large array of furniture and accessories. Jl. By Pass Ngurah Rai No. 910. Tel 724 566. www.tarita-bali.com

Jl. Legian up to Seminak. (25 minutes away) A worthwhile walk to see all the amazing and beautiful things designed and made in this country.

Antiques

Warisan. Tel 421 752. Shop with their more modern offerings is just 10 minutes away. Otherwise their base is next to their famous restaurant by same name.

Andy's Gallery. Tel 081239 24711. The 2 Mandura panels in the Sparkle Purple Suites are from here.

Lawas. We have purchased various antique pieces here, including the two large teak beds in Purple Sparkle Suites. Jl. Raya Kerobokan. Tel 733 272.

Tempo Doeloe Gallery (5 minutes away, across from Jenggala Keramik). Tel 0812 3943 177. Ask for owner CoCo, ex-Four Seasons, who knows us.

Alexandra Gallery. (40 minutes away) German owner Bernd Prinzler has access to stunning, rare antique pieces. Also reasonable priced furniture from old teak wood or iron wood. Jl. Gunung Sanghiang 30, Padang Sambian (dpn. Poltabes). Tel 0811 399 623.

Sourcing, Quality Check & Shipping

Desley Keys. Established Bali-based lady who has an eye for quality items and patience to ensure items are what you want. Tel 234 110. enquiries@baliartworks.com www.baliartworks.com

SPECIAL EVENTS MANAGER, CATERER, PHOTOGRAPHER

Bumbu Bali. Wonderful Balinese meal with decorations. Tel 774 502. Ms. Dinah.
hvhfood@indosat.net.id www.balifoods.com

Bali Catering Company (established by Warisan). Karen Quarello, Catering Manager. Handphone 081 2384 2267. karen@balicateringcompany.com. www.balicateringcompany.com

Balitarz Contact Michaela MacDonnell for sourcing of models, events management. See <http://balistarz.com> Tel 732 806 Handphone 0812 391 0352.

Agung Mulyajaya. Experienced photographer with weddings and people events. Tel 224 725. Handphone 0811 392 372 (+62 811 392 372). agungmul@indo.net.id

Jason Childs. Particular specialty with people and sports. Tel 705 158. Handphone 0812 380 2229.

TOUR COMPANIES

* Bali Adventure Tours organizes elephant safaris, rafting, cycling, surfing, bird park trips and even helicopter tours. A Kuta Beach aerial tour costs 45 minutes for 10 minutes, Tanah Lot (US\$80, 20 minutes) and the Kintamani Volcano Flight is priced at US\$199 for a 45-minute flight. Tel 721480 www.baliadventuretours.com

* Bali Hai Cruises has several options including a cruise with an overnight in a beach hut at Lembongan Island from US\$95. Tel 720331 www.balihaicruises.com

Island Explorer Cruises offers similar service tel 728-088 www.bali-activities.com

Bali Hai Diving Adventures (PADI Certified) have good equipment / instructors and beginners can learn on their Ocean pontoon at Nusa Lembongan Tel 724062. diverse@indosat.net.id
www.scubali.com

Bali International Diving Professionals (BIDP) (PADI Certified) are also good and they are based in Sanur with departures daily in their own diving boats that are of high standard. Tel 285065 / 270759 info@bidp-balidiving.com www.bidp-balidiving.com

World Diving. John and Sue are the English owners and they are very professional and are hands on with the business. Tel 08123900686.

Sobek . One of the most established river rafting companies and with probably one of the most comfortable eating restaurants. Ayung River. Jalagawaja River 2.5 hour drive from Nusa Dua. Tel 287059

Waka Land Cruise Off-road into the countryside and rainforest in a Land Rover. Tel 426 971 www.wakaexperience.com

WINE & GROCERIES

Hardy's Grocery Store (5 minutes away). Large local supermarket for food, drinks, and sundries. Tel 770 266.

Daily Market (7 minutes away) operated by Pepitos which offers fresh produce.

Gourmet Garage. (10 minutes away). Great assortment of imported food items, wine and coffee targeting hotels and restaurants. Cheaper prices than that of other gourmet grocery shops. Pleasant coffee area. Tel 701 650. Heny Susanto Tel: (0361) 705848. www.lotusfood.com

Dijon. (20 minutes away) Specialty shop with excellent international imported items. Tel 759-636, 759-638. Mrs.Susan / Indri Yani dijonfs@indosat.net.id. www.dijon-bali.com

Bali Deli. (25 minutes away) Large specialty shop for international community with outside café. Seminyak. balideli@balideli.net, prbali@balideli.net Delivery Service. Tel 733 555

Hatten Wine Shop. (15 minutes away) Winery located in Bali. Rose is fine. Tel 286 298.

Le Bake (15 minutes away). Good bakery. Excellent cakes and bread. Tel 753 979.

EXCURSIONS

Visit Ulu Watu (30 minutes). A sacred cliff-top temple with a walking path. Lots of monkeys that are okay to feed. Be careful of high, narrow ridge which might be dangerous for young children. Go there in the morning and then go to Bali Cliff Hotel, Bulgari Hotel, or Blue Point Restaurant.

Visit Tanah Lot (45 minutes). Temple in sea. Great sunsets. Very tourist though.

Visit Ubud (1.5 hour away). Cultural centre of Bali. Great restaurants. (In-places include Mosaic, Lamak). Dirty Ducks is casual, good food, kids friendly. On the way, Butauan for art, Batubulan for stone carvings, Celuk for silver work. Shop Udiana (with marble toilet), one-of-a-kind pearl and gemstone jewelry set in silver and gold. Tel 298 021. Monkey Forest interesting to visit, but be careful of aggressive monkeys. Visit Reptile Park on way home. Dinner at Bird Park (close at 6 pm?). 1 ½ hour drive home.

Visit Lembongan (2 hour boat ride away)
Stay at Bali Hai's 'High Tide Huts' . Tel 724062
Stay at Nusa Lembongan Resort (slightly more expensive)

Visit Candidasa east Bali past Klung Klung (2.5 hours away). Beautiful rustic white and black sand beaches. Fantastic snorkelling.

Visit Medewi (3.5 hours western coast Bali)
Resort Puri Dajuma – 16 rooms, clean, well-serviced by Swiss owner
Tel 365 43955, Fax 43966, Alit (front desk) and Indra (manager)
About US\$ 70 per night including breakfast in the VIP room. Have not been, but hear that there are gentle surf waters. Call to check if so.

Visit Kintamani (2.5 hours, can stop through Ubud)
Penelokan and Lake Batur (Lakeview Hotel & Restaurant), charcoal-black beaches near Goa Lawah (a bat cave), Besakih Temple dedicated to the Hindu Trinity. Beware some of Bali's most aggressive hawkers.

Visit hot springs, very large pool, and view of lake and mountains at Natural Hot Springs, Toya Bungkah, Kintamani. Camp in tents set-up for you. Tel 0366 51204, 0361 412889
sales@naturalhotspring.biz Here's a camping adventure I highly recommend. They provide clean sleeping bags, mats, bonfire, barbeque stuff, and even a menu if you wish to order from restaurant. Bring flashlights for the night. Bring swim suits for hot spring. Can hike up Mt. Batur where the guide could even carry a young child up.

Visit Bedugal (2 hours, can stop through Tree Tops Adventure Park)
Excellent golf course. Lovely views of Lake Bratan.
Stay Buyan Resort. Enjoy a fireplace in a simple bungalow. Tel +62 362 21351, 23739

Visit Papuan (3 hours, wonderful rice patties)

- Stay at charming and classy Desa Sanda. Excellent restaurant and a true highway. Operated by Danish Australians. Tel 0828 369, 0813 385 18836. www.sandavillas.com

Stay Cempaka Belimbing Guest Villas. Peaceful with rice patty view. Tel 7451 178.

www.cempakabelimbing.com

If you wish to drive north and west around Bali, above and below are suggested accommodations. Ask Made how long it will take. Suggest 3 days. Bring DVD player or story CDs so kids can sit through long ride.

Visit Permuteran (4 hours northwest part of island. Great diving)

Visit on the way Lovina's salt-and-pepper beaches.

Stay at Taman Sari. Request Butterfly Suite. Tel +62 362 947 55

Visit Balian (4 hours west island.) Stay at Gajah Mina. Request headland villa.

Visit Negara (5 hours west island.) Stay Taman Wana.

Visit Java for Borubodor and safari. (7 hours)

Visit Lombok for horse-drawn carts and how Bali felt 20 years ago. Worth the drive to see Novotel. Stay at Sheraton Ligigi.

SUGGESTED 5-DAY ITINERARY FOR FAMILY WITH CHILDREN*

DAY ONE

Arrive and rest / swim at villa. Drive to Tragia / Money Changer in Nusa Dua. Meals at villa.

DAY TWO

Visit Jenggala Keramik (paint ceramic items for children, pick-up in 3 days).

Lunch at Jimbaran Bay or PJ's at Four Seasons Hotel or Lunch at Jimbaran Bay open-air restaurants

Spa at Home (can arrange to be at Gecko Suite, Golden Suite terrace, Dining Bale, and/or Teak Suite)

Visit Nusa Dua Beach Spa & Hotel OR Geiger Beach. Get braids and temporary tattoos. Arrange for water sports, e.g. parasailing, banana boat riding. Dinner at Bumbu Bali (12 minute drive)

DAY THREE

Waterbom (20 minute drive, open from 8:30 am onwards). Fabulous water theme park.

Lunch at Waterbom.

LADIES: Spa / shopping in Kuta and Legian. MEN: Golfing.

Dinner at Warisan's

DAY FOUR

Boat to Lembogan or other nearby island. Lunch. Snorkelling.

Dinner at villa.

DAY FIVE

Shopping at Galleria / Kuta / Nusa Dua shops. Meals at villa. Depart for home.

RESOURCES

There are many guidebooks, brochures, and websites that can provide information on things to do in Bali. At the villa, we have several guide books, including:

www.balieats.com

www.baliforkids.com

www.bali-paradise.com - The Online Travel Guide to Bali

www.balispirit.com

Best Bets Bali guide and discount card

*Recommend for children and family.

Bali telephone code + 62 361

Luxe City Guide Bali
www.villawaru.com

RESTAURANTS (nearby)

Look at www.balieats.com for the newest and trendiest restaurants to visit.

* **Bumbu Bali** (15 minutes away). An international standard restaurant run by a Swiss man from Stans (ex-Grand Hyatt) -- Heinz von Holzen – who is married to a local Balinese lady named Pugi. Spicy, fresh, local Balinese food. Excellent atmosphere. Mention our names to him. Try the pork ribs with jack fruit, or the chicken roasted in banana leaves, or the spicy and tasty soybean cake in turmeric sauce. Call to see time of dance performances. (Order plain rice and steamed food for the kids otherwise too spicy.) Tel 774 502.

PepeNero (10 minutes away). Best restaurant with fabulous view in the area. Excellent Italian. Very reasonably cost. (Sister restaurant Trattoria in Semanak, which is very crowded.)

Delicious Restaurant (10 minutes away). Charming and casual café, organic food, in Jimbaran across from Intercontinental Hotel. Tel 701362/412194.

Pizza Club (10 minutes away). Delivery, take away or eat-in. Excellent pizzas and creatively names recipes. Original “The Tuesday Night Pizza Club” in Semanak. Jl, By-pass, Tuban. Tel 703 294.

Suku (Mediterranean Asian seafood), **Spice** (fine dining), and **Eight Degrees South** on the beach. (10 minutes away) Wonderful dining at beautiful Conrad Hotel at a stunning setting. Tel 778 788.

* **Nyoman’s Beer Garden** (10 minutes away). Relaxing and good value. Jl. Pantai Mengiat.

Faces Restaurant @ The Bale Hotel (10 minutes away). Beautiful zen-like hotel with open restaurant and creative menu. Excellent lunch place. No children under 16 allowed. Tel 775 111

* **Nusa Dua Beach Grill, Geiger Beach** (10 minutes away). Inexpensive, casual, excellent food beachside cafe. Access from road before bridge to the Nikko Hotel. Tel 771 529

Kendi Kuning (10 minutes away). Small, casual restaurant that is on Benoa beach which has benefited from break-water pavilions and a paved pathway built by the Japanese in early 2004. Jl. Pratama, Samudera Samuh Benoa. Nusa Dua. Tel 744 1398 . You can ride our bikes along the hotel front pathways and explore. Kendi Kuning is right after Club Med heading north, and has a welcoming bar right next to the pathway for a refreshing drink. Made can load up the bikes and drop you off either at Aman Nusa or Nusa Dua public beach. If you ride from end of the pathway along all the hotels to the other end, it’ll take about 30 minutes.

PJ’s, Four Seasons (15 minutes away). Nice beach, close to their kids club. Especially nice Sunday Brunch, sometimes with Jazz. Also fine dining restaurant. Gardens also designed by Made Wijaya, our landscape artist.

* **Outdoor BBQ fish restaurants on Jimbaran Bay** (15 minutes away). Fresh fish, totally relaxed atmosphere, good value. Ones we like are Ubung Café or Menaga. Tel 0817 352 447, 0812 396 5269.

RESTAURANTS (20 – 30 minutes away)

* **La Luciolla's** (25 minutes away). Excellent Italian restaurant on the beach. Can see the sunset there. Need to book a few nights ahead. Tel 730 839.

Ku de Ta (25 minutes away). Very chic restaurant in Legian area. Contemporary décor, international cuisine, pricy. Fine spot for sundowners for couples or * hearty Sunday brunch for families. Ask what is fresh. Tel 736 969

Kafe Warisan (35 minutes away). Consistent, excellent French food. Adjacent furniture and antique shop. Need to book. Tel 731 175. www.kafewarisan.com

Dewi Sri (20 minutes away). A favorite local Chinese seafood restaurant. Tel 753 737

Pala (25 minutes away). Chic restaurant and wine bar in Sanur. Tel 283 835

Eat Street, Jl. Lesmana, Seminyak (25 minutes away). There are many restaurants in this stretch that offer delicious food, reasonable prices and casual atmosphere. A few include: **Trattoria** (always full, our favorite Italian restaurant, very reasonable, tel 737082), **Kuni's** (Japanese, cool décor, tel 730 501), **Rumours** (excellent Australian beef, western food, tel 738 720), **Mykonos Taverna** (good Greek food, tel 733 253), **Toscana** (fine Italian dining).

Gado Gado (on the beach, tel 736 966), **Hana** (Japanese food in Legian, tel 732 778), **The Living Room** (tel 735 735), **Hu'u Bar** (tel 736 443), **Made's Warung**.

Blue Point Restaurant (30 minutes away). Stunning view above Surfer's Point, Ulu Watu. Very good food.

RESTAURANTS (in Ubud)

Mosaic (tel 975 718) for international award-winning gourmet feast (creative 6-course meal highly recommended), **Lamak** designed by Made Wijaya, **Made's Café**, tucked away **Warung Murnis**, **Amandari** for lunch or drinks over stunning Ayun River valley, * **Dirty Ducks** for casual lunch in peaceful, rice paddies setting.

We hope you enjoy your stay in our private paradise. We are grateful to be able to share the blessings of this world.

April & Fritz

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www.villawaru.com